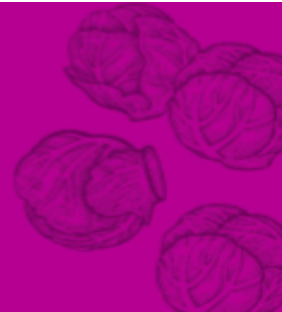


2024 Teaching Kitchen Symposium



General Session 7

Session Title:

Behind the Kitchen Sink: Reflections and Wisdom from Teaching Kitchen Innovators

Date & Time:

Nov 14, 2024 4:00 PM MST (30min)

Panelists:

- Hope Barkoukis, PhD, RDN, LD, FAND, Department Chair, Case Western Reserve University
- Linda Shiue, MD, Chef, DipABLM, Internist, Chef, Director of Culinary and Lifestyle Medicine, Kaiser Permanente San Francisco Medical Center

Session Description:

This enlightening closing session will highlight the challenges, triumphs, and invaluable lessons learned by two leaders at the forefront of integrating culinary education into healthcare and academic settings. They will share reflections from the Symposium and offer practical advice on establishing and managing teaching kitchen programs, developing effective curricula, measuring impact, securing vital support, and building successful partnerships. From overcoming obstacles to seizing opportunities, this session will deliver a wealth of actionable insights, empowering you to advance your own teaching kitchen initiatives and make meaningful contributions to this rapidly growing movement.

Learning Objectives:

By the end of this session, participants will be able to:

1. Identify challenges and successes experienced by pioneers in teaching kitchens, gaining insights into the practical realities of integrating culinary education within various sectors.
2. Develop actionable strategies for establishing and managing effective teaching kitchen programs.
3. Identify best practices for forging successful partnerships across different sectors, enhancing teaching kitchen initiatives and contributing to the broader movement of culinary medicine/Food Is Medicine.