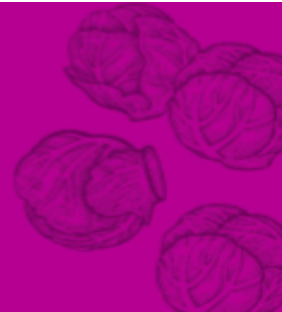


2024 Teaching Kitchen Symposium



General Session 1

Session Title:

Cultivating Community: Leveraging Your Food Ecosystem to Maximize Teaching Kitchen Impact

Date & Time:

Nov 13, 2024 9:00 AM MST (90min)

Presenters:

- Amy Locke, MD, FAAFP, Chief Wellness Officer and Professor, University of Utah Health
- Theresa Dvorak, MS, RD, CSSD, Associate Professor, Director of Culinary Medicine, Department of Nutrition and Integrative Physiology, University of Utah
- Patty Corona, Director of Cooking for Salud & Kitchenistas Engagement, Olivewood Gardens & Learning Center
- Heidi Davis, MSW, Program Manager, Community Teaching Kitchen, Providence Milwaukie Hospital
- Abbie Gellman, MS, RD, CDN, Director of Culinary Medicine & Teaching Kitchen, SBH Health System

Session Description:

Teaching kitchens thrive on strong partnerships within their unique food ecosystems to amplify impact and reach. This session will delve into how teaching kitchens can and must effectively collaborate interprofessionally and with local organizations to enhance their programming and community engagement. Discover the wide range of culinary medicine programs and teaching kitchen facilities within the University of Utah's academic and health systems and surrounding communities, as well as examples from other teaching kitchens across the country. Take away strategies for bridging the gaps between healthcare providers, communities and healthcare, and how to implement these practices in your community.

Learning Objectives:

By the end of this session, participants will be able to:

1. Explore the importance of building effective interprofessional teams to meet the needs of a community.
2. Identify strategies for building and maintaining collaborative community partnerships.
3. Describe solutions to common challenges experienced during implementation and how interprofessional teams are poised for success.

Presenter Slides:

- [Amy Locke](#)
- [Theresa Dvorak](#)
- [Heidi Davis](#)
- [Abbie Gellman](#)