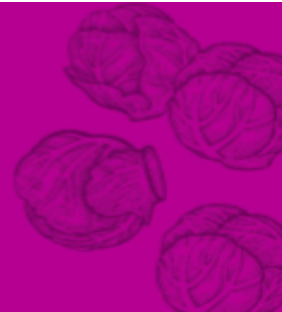


2024 Teaching Kitchen Symposium



Breakout Session 3A

Session Title: Innovation in Action: Teaching Kitchens at the University of Utah (3 of 3)
Date & Time: Nov 14, 2024 1:30 PM MST (90min)
Duration: 90 minutes
Session Description: Join us to explore more of University of Utah's community health initiatives, featuring the Osher Center for Integrative Health's Wellness Bus and Food Pharmacy, as well as the Center for Community Nutrition's Food, Movement, and You program. In this session, you'll learn how these innovative programs are addressing the diverse needs of the Salt Lake City community. Our experts will showcase how these innovative programs are tailored to meet the diverse needs of the Salt Lake City community and demonstrate the active role of community members in shaping these initiatives. Don't miss this opportunity to discover how dynamic, community-driven approaches are creating significant impacts and to learn how you can apply these effective strategies to benefit your own community.
Learning Objectives: By the end of this session, participants will be able to: <ol style="list-style-type: none">1. Explore considerations for programming aimed to meet the needs of the community in the community.2. Describe effective strategies of improving community health and food security through clinical and mobile wellness services.3. Identify unique considerations when engaging with the community to increase food security and access to healthy local foods for people experiencing housing insecurity and homelessness.
Topic 1: Wellness Bus & Food Pharmacy <ul style="list-style-type: none">• Alex Hernandez, MS, RDN, CD, Wellness Bus Program Manager, University of Utah• Ellen Maxfield, Associate Director of Clinical Operations, University of Utah• Sarah Zou, MPH, RD, CDE, Clinical Dietitian, University of Utah
Topic 2: Cultivating Health: Connecting Farmers, Healthcare, and Food Insecure Communities <ul style="list-style-type: none">• Shannon Jones, MS, Executive Director, University of Utah Center for Community Nutrition