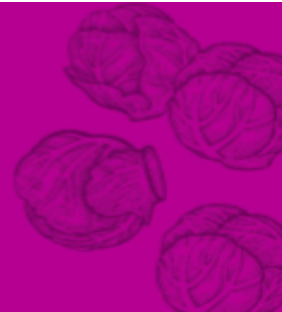


# 2024 Teaching Kitchen Symposium



## Breakout Session 1B

**Session Title:**

Strengthening Nutrition Education and Culinary Literacy for Physicians & Health Professionals at All Levels

**Date & Time:**

Nov 13, 2024 1:30 PM MST (90min)

**Presenters:**

- David Eisenberg, MD, Adjunct Associate Professor of Nutrition, Harvard T.H. Chan School of Public Health; Founder and Senior Advisor, Teaching Kitchen Collaborative
- Hope Barkoukis, PhD, RDN, LD, FAND, Department Chair, Case Western Reserve University
- Adi Haramati, PhD, Professor and Director, CENTILE, Georgetown University School of Medicine
- Melinda Ring, MD, FACP, FACP, ABOIM, CNS, Director, Tina Trott Professor of Integrative Health, Osher Center for Integrative Health at Northwestern University

**Session Description:**

This breakout session will explore innovative approaches to enhance nutrition education and culinary literacy across health professions. Centered on key recommendations on nutrition competencies in undergraduate and graduate medical education, speakers will discuss their implementation strategies, challenges, and opportunities within their universities. You will be encouraged to consider the integration of teaching kitchens and culinary medicine as experiential learning tools, fostering a collaborative dialogue on educating the next generation of health professionals in nutrition. This forward-looking discussion aims to explore both theory and practice to ultimately improve patient care and public health outcomes.

**Learning Objectives:**

By the end of this session, participants will be able to:

1. Summarize the key recommendations for nutrition competencies in medical education, highlighting their relevance to enhancing nutrition education by health professions.
2. Assess various implementation strategies for integrating nutrition education into undergraduate and graduate medical curricula, identifying potential challenges and opportunities.
3. Explore innovative ways to incorporate teaching kitchens and culinary medicine into health profession training, fostering collaborative dialogue on practical approaches to improve nutrition education and ultimately enhance patient care and public health outcomes.

**Presenter Slides:**

- [David Eisenberg](#)
- [Adi Haramati](#)

# 2024 Teaching Kitchen Symposium



- [Melinda Ring](#)
- [Hope Barkoukis](#)

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