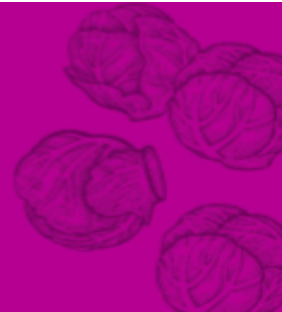


# 2024 Teaching Kitchen Symposium



## Breakout Session 1A

**Session Title:**

Innovation in Action: Teaching Kitchens at the University of Utah (1 of 3)

**Date & Time:**

Nov 13, 2024 1:30 PM MST (90min)

**Session Description:** Come explore the teaching kitchens around the University of Utah. This breakout session offers a unique opportunity to see firsthand how various kitchen environments can be leveraged to create impactful and engaging programming. You'll tour three distinct locations: 1) The Foods Lab: A built-in teaching kitchen designed for hands-on learning; 2) Campus Dining Services' Action Station: An interactive culinary station integrated into campus dining; 3) Community Based Teaching Kitchens: Flexible, mobile setups that adapt to diverse needs and settings. Learn from experts at the University of Utah about how these versatile spaces cater to different populations with programs that are continuously refined through participant feedback to better serve their evolving communities.

**Learning Objectives:**

By the end of this session, participants will be able to:

1. Explore various teaching kitchen environments designed to meet the needs of the community including the Foods Lab (a built in teaching kitchen), on campus dining services action station, and community based teaching kitchens.
2. Describe how community-centered culinary education can meet teaching kitchen objectives.
3. Identify strategies for developing effective programming that meets the community where they are at.

**Presenter Slides:**

- [Madeleine French](#)

**Supplemental References/Resources:**

- Journey to Health Film (8 minutes, English)  
[https://www.youtube.com/watch?v=8Tnb\\_EDMajs](https://www.youtube.com/watch?v=8Tnb_EDMajs)
- Journey to Health Film (8 minutes, Spanish)  
<https://www.youtube.com/watch?v=qISsESAAqnY&t=35s>
- Evaluation of the Effectiveness of a Bilingual Nutrition Education Program in Partnership with a Mobile Health Unit: <https://www.mdpi.com/2072-6643/16/5/618>